



Proactive mental health and wellbeing support for schools, colleges and universities

According to NHS Digital, one in six children aged between six and 16 in England are likely to have a mental health condition¹. **Could you spot that child?** Govox exists to help those in a position of trust identify pupils (and staff) who may be struggling and offer meaningful – sometimes life-saving – support.

A digital-first, proactive approach helps us improve happiness in educational institutions.



The proactive wellbeing solution

Identifying small issues early can make a big difference

Who we are

Govox helps teachers and leaders make meaningful connections with pupils and staff, identify wellbeing gaps and offer much-needed support.

Our founding team, together with an amazing network of wellbeing professionals, created Govox following the sad loss of rugby friends to suicide. We are now on a mission to shape the future of a healthier and happier world - one in which suicide is no longer considered the answer.

Why we're doing it

We want to make sure everyone who is struggling with their mental health receives the support they need when they need it. We understand the demand on time and resources for leaders - we help them to pinpoint where support is needed.

What we're doing

Govox improves mental health in schools, colleges and universities. We do this by giving teachers, or any other nominated support, access to data and insights, while providing pupils or staff with actionable tips and advice proven to improve wellbeing.

How it works

Step 1 - Connect

Users receive a regular online invite to check in on their phone, tablet or computer. They'll be asked to answer a few simple, non-intrusive questions, which have been designed by our expert mental health specialists and generate insights across the five pillars of wellbeing: body, mind, connections, fulfilment and emotions.

Step 2 - Identify

You can instantly access check-in results on the online wellbeing dashboard. This personal approach is unique to our platform and enables you to prioritise support, resources and, importantly, the conversations that matter.

Step 3 - Support

Once a participant has completed their check in, they'll receive a personal wellbeing report sent straight to their inbox. Our wellbeing specialists can work with you to ensure you have the additional skills to support where needed.



Could your school, college or university be healthier and happier?
Email us at hello@govox.com or visit govox.com

¹ <https://digital.nhs.uk/data-and-information/publications/statistical/mental-health-of-children-and-young-people-in-england/2021-follow-up-to-the-2017-survey>

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